

AADO Asian Fellowship Programme 2011
A Report from Dr. Vishal Kumar
02 May - 24 May 2011

It is a report from Dr. Vishal Kumar, one of the successful applicants of [AADO Asian Fellowship Programme](#) in Queen Elizabeth Hospital at Hong Kong, who had a visit there on 02 May - 27 May 2011.

At the outset, I would like to take the opportunity to thank my mentor Dr. Sarvdeep, my trauma supervisor Dr. Sameer, my teacher Prof. M S Dhillon and the AADO Secretariat for recommending and accepting me into this fellowship programme at the Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital, Hong Kong under Dr. Shen WY.

Gratefulness and Gratitude outweighs thanksgiving in me for Dr. Shen and his whole team with special reference to Dr. Lee KB and Dr. Ivan to name a few who treated me as their brother. My fellowship guide left no stones unturned in making my stay hassle-free and learning a pleasant experience. He took care of even the minor bits like locker keys, hospital security card, to name a few.

Hong Kong experience was a perfect blend of fellowship and fun. I was privileged to have Dr. Aditya as my co-fellow (we are from the same Institute) and hence fun and learning knew no bounds.

I had wide exposure of trauma surgeries: fractures around geriatric hip topped the list with both simple and complex fractures of tibia, femur, elbow and fore-arm to follow. An integrated, comprehensive team approach right from pre-operative planning, theatrical execution, vigilant post-op care, Electronic Record Maintenance System (ERMS), Operating Theatre Maintenance System (OTMS) lies in the root of optimal patient outcome. There are many things to be learnt right from the tips and tricks (eg. span-scan-plan, rehearse and rehearse repeatedly in mind before doing any procedure, read operative manuals time and again, importance of landmarks like TAD etc.) of surgery, avoidance of surgical traps, varied case presentations/discussions etc. that this 4 weeks time felt too short for these.

It will be treacherous if my report does not acknowledge special thanks to Mrs. Kellan Cheung and Ms. Terry Leung for their unconditional support right from Application, arranging visa and accommodation to name a few without which this Fellowship would have remained a dream for me.

Hope, I inculcate at least a part of these worthy values taken from here in my clinical practice for a better patient outcome.