

**CUHK-OLC Surgeon Education Program:
The 38th AADO-OLC Comprehensive Bioskill Course on Fracture Fixation**

**Theme: Lower Limb Trauma
30 November – 1 December 2019**

**Orthopaedic Learning Centre
1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Hong Kong**

Course Chairmen:

Dr Ning Tang Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital
Dr Kin-bong Lee Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital

Faculty:

Dr Esther Ching-san Chow Associate Consultant, Department of Orthopaedics & Traumatology, United Christian Hospital
Dr Kwong-yin Chung Associate Consultant, Department of Orthopaedics & Traumatology, Prince of Wales Hospital
Dr Ivan Ka-chun Ip Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital
Dr Raymond Wai-kit Ng Specialist, Department of Orthopaedics & Traumatology, Prince of Wales Hospital
Dr Iris Sze-ling Ngai Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital
Dr Lung-fung Tse Consultant, Department of Orthopaedics & Traumatology, Union Hospital
Dr Chi-yin Tso Associate Consultant, Department of Orthopaedics & Traumatology, Prince of Wales Hospital
Dr Wan-yiu Shen Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
Dr Ronald Man-yeung Wong Clinical Assistant Professor, Department of Orthopaedics and Traumatology, CUHK

30 November 2019

0800-0815

Registration

0815-0830 Welcome

Session 1 : General Principles (I)

0830-0850	Less is More – Surgical planning & Reduction tec.	WY Shen
0850-0910	Damage Control Surgery	KB Lee
0910-0930	Geriatric neck of femur fracture – Hip screw & hip arthroplasty	WY Shen
0930-1015	Case Discussion + Q&A + Group photo	

1015-1030

BREAK

Session 2 : General Principles (II)

1030-1050	Principles and Complications of Screws, K-wire, Wiring, Sutures etc.	LF Tse
1050-1110	Principles and Complications of Plating	WY Shen
1110-1130	Principles and Complications of Nailing	N Tang
1130-1200	Case discussion + Q&A	

1200-1300

LUNCH

Session 3 : Workshop (I-IV)

1300-1330	Workshop I (Patella Fracture-k-wire, Cerclage, TBW)	LF Tse / Ronald MY Wong
1330-1400	Workshop II (Distal Femur Fracture – Lateral Plating)	CY Tso / Raymond WK Ng
1400-1445	Workshop III (Tibial Plateau Fracture- Lateral Approach, Meniscal Repair)	Ivan KC Ip / LF Tse / Raymond WK Ng
1445-1530	Workshop IV (Pilon Fracture Fixation)	N Tang / CY Tso / Ronald MY Wong

1530-1545

BREAK

Session 4 : Workshop (V) and Case Discussion (Concurrent Session)

1545-1645	Workshop V Gamma Nailing	CY Tso/ Raymond WK Ng / Ronald MY Wong
	Case Discussion	N Tang

1645-1730

Q&A

**CUHK-OLC Surgeon Education Program:
The 38th AADO-OLC Comprehensive Bioskill Course on Fracture Fixation**

**Theme: Lower Limb Trauma
30 November – 1 December 2019**

**Orthopaedic Learning Centre
1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Hong Kong**

1 December 2019

0815-0830	Registration	
Session 5 : General Principles (III)		
0830-0900	Principles and Complications of External Fixation	N Tang
Session 6 : Controversies		
0900-0920	Patella Fractures	CY Tso
0920-1000	MIS ankle fractures	N Tang
1000-1015	Q&A	
1015-1030	BREAK	
Session 7 : Complications		
1030-1045	Bone and Joint Infection After Trauma	CY Tso
1045-1100	Compartment Syndrome and Sudeck's	Iris SL Ngai
1100-1115	Neurovascular Injuries & Wound Coverage	Esther CS Chow
1115-1130	Malunion, Delayed Union & Nonunion	KY Chung
Session 8 : Workshop (VI-VIII)		
1130-1215	Workshop VI (Approaches to Knee-posteromedial & Posterolateral)	Tim Chui / KY Chung
1215-1330 LUNCH		
1330-1500	Workshop VII (Medial Gastrocnemius Flap, Soleal Flap, Sural Flap)	Esther CS Chow / KY Chung / Iris SL Ngai
1500-1600	Workshop VIII (External Fixation- Cross Knee/ankle, Tibial Plateau fracture, Tibial Shaft Fracture)	Tim Chui / KY Chung / Iris SL Ngai
1600-1630	Q&A, Case discussion- Participants	N Tang
1630-1700	Course assessment and Conclusion	All

Remarks:

- 1) Pre-course cadaveric dissection instruction and implant manual will be sent to individual participant two weeks before the course
- 2) Participants are encouraged to bring at least one clinical case for discussion using standard PowerPoint template