

**CUHK-OLC Surgeon Education Program:
The 37th AADO-OLC Comprehensive Bioskill Course on Fracture Fixation
Special Theme: Upper Limb Trauma
27-28 Apr 2019**

**Orthopaedic Learning Centre
1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Hong Kong**

Course Chairmen:

Dr Ning Tang Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital

Local Faculty:

Dr Ching-san Esther Chow Associate Consultant, Department of Orthopaedics & Traumatology, United Christian Hospital
Dr Tim King-him Chui Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
Dr Ivan Ka-Chun Ip Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
Dr Raymond Wai-kit Ng Specialist, Department of Orthopaedics & Traumatology, Prince of Wales Hospital
Dr Iris Sze-ling Ngai Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
Dr Wai-leung Sha Associate Consultant, Department of Orthopaedics and Traumatology, Pok Oi Hospital
Dr Lung-fung Tse Consultant, Department of Orthopaedics and Traumatology, Union Hospital
Dr Chi-yin Tso Associate Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital
Dr Edmund Chun-wa Wong Consultant in Private Practice, Orthopaedics and Traumatology
Dr Yau-bun Wong Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital
Dr Ronald Man-yeung Wong Clinical Assistant Professor, Department of Orthopaedics and Traumatology, CUHK
Dr Gary Wing-hang Yip Associate Consultant, Department of Orthopaedics & Traumatology, Queen Elizabeth Hospital

27 Apr 2019

08:00-08:15	Registration	
08:15-08:25	Welcome	Dr N Tang
Session 1 :	General Principles (I)	
08:25-08:45	Clavicle fracture and ACJ injury	Dr Gary WH Yip
08:45-09:05	Complex fracture dislocation around shoulder	Dr YB Wong
09:05-09:25	Proximal humerus fracture (plating vs. nailing vs. arthroplasty)	Dr Edmund CW Wong
09:25-09:45	Humeral shaft fracture	Dr Raymond Ng
09:45-10:05	Distal humerus fracture	Dr N Tang
10:05-10:25	Case Discussion + Q&A	
10:25-10:40	BREAK	
Session 2 :	General Principles (II)	
10:40-11:00	Elbow challenges instability	Dr Esther CS Chow
11:00-11:20	Elbow challenges stiffness	Dr N Tang
11:20-11:40	Case Discussion + Q&A	
11:40-12:40	LUNCH	
Session 3 :	Workshop (I-III)	
12:40-13:10	<u>Workshop I</u> (Deltpectoral approach + locking plate)	Dr N Tang / Dr CY Tso
13:10-14:10	<u>Workshop II</u> (Transdeltoid approach + IM nail insertion approach demo)	Dr Edmund CW Wong / Dr Raymond Ng
14:10-15:10	<u>Workshop III</u> (Anterior plating to humerus)	Dr N Tang / Dr CY Tso
15:10-15:30	BREAK	
Session 4 :	Workshop (IV-V)	
15:30-16:15	<u>Workshop IV</u> (Antero-lateral approach to humerus)	Dr CY Tso/ Dr Gary WH Yip / Dr Ronald Wong
16:15-17:15	<u>Workshop V</u> (Posterior approach + olecranon osteotomy + distal humerus plating)	Dr CY Tso / Dr N Tang
17:15-17:30	Q&A	All

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08:15-08:30	Registration	
Session 5 :	General Principles (III)	
08:30-09:00	Radial head fracture and Olecranon fractures	Dr Iris SL Ngai
09:00-09:30	Forearm fracture	Dr LF Tse
09:30-10:00	Distal radius and ulna fracture	Dr Iris SL Ngai
10:00-10:15	Case Discussion + Q&A	All
10:15-10:30	BREAK	
Session 6 :	Complications & Workshop VI	
10:30-10:45	Complications of UL injury	Dr LF Tse
10:45-11:45	<u>Workshop VI</u> (Volar and dorsal plating distal radius)	Dr Iris SL Ngai/ Dr Tim KH Chui
11:45-12:00	Q&A	All
12:00-13:15	LUNCH	
Session 7	Workshop (VII-IX)	
13:15-14:15	<u>Workshop VII</u> (Thompson approach and Henry approach)	Dr Iris SL Ngai/ Dr Ivan KC Ip
14:15-15:30	<u>Workshop VIII</u> (Kocher approach, Hinge elbow external fixation)	Dr Tse LF/ Dr Iris SL Ngai/
15:30-16:30	<u>Workshop IX</u> (Bridging and Non-bridging external fixation)	Dr LF Tse/ Dr N Tang
16:30-17:00	Q&A, Case discussion - Participants	Dr LF Tse
17:00-17:30	Course Assessment and Conclusion	Dr N Tang

Remarks:

- 1) Pre-course cadaveric dissection instruction and implant manual will be sent to individual participant two weeks before the course
- 2) Participants are encouraged to bring at least one clinical case for discussion using standard PowerPoint template