



**AADO / HKSSH Conjoint Scientific Meeting 2019**  
(Activity of the 2019 HKSSH Annual Congress)



**Trauma Basics: Upper Limb Tendon and Ligament Injury**

24 March 2019 (Sunday)

Orthopaedic Learning Centre

1/F, Li Ka Shing Specialist Clinic, North Wing, PWH

**Programme**

**Lecture Session ( 09:00 – 12:45)**

Time	Content	Speaker
08:30	Registration	
09:00-09:10	Welcome Remarks	Ms Marble Ma
09:10-09:40	Tendon and Ligament Biochemistry and pathology	Dr SC Koo Jeffrey
09:40-10:10	Investigation and Diagnosis of Tendon and Ligament Injury	Dr Edmund Yau
10:10-10:35	Principle of Tendon Repair and Tendon Graft	Dr Emily Yip KY
10:35-10:55	Pre-and-post Operative Nursing Care	Mr Ip Wai Kin
10:55-11:20	Preparation of Patients Undergo Surgery of Upper Limb Tendon and Ligament Injury	Ms Karen Law
11:20-11:40	Tea Break	
11:40-12:00	Physiotherapy Management: Regain ROM and Prevent Re-rupture	Ms Daisy Ng
12:00-12:20	Tendon Rehabilitation in Occupational Therapy Perspective	Ms Vienna Chu
12:20-12:35	Q&A	
12:35-12:45	Closing Remarks	Dr SC Koo Jeffrey
Lunch		

**Workshop Session ( 14:00 – 16:00 )**

14:00-14:45	Physical Examination of Upper Limb	Dr Edmund Yau
14:45-16:00	USG Investigation on Upper Limb	PIC: Dr Sara Tong Dr Andrew Wai