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AADO – CUHK Fellowship Programme
27 August – 07 September 2012
Prince of Wales Hospital

I would like to thank Prof. Leung and Dr. Tang for inviting me to their hospital, for being very professional, friendly and open. This fellowship was my private initiative (through Prof. P. Procter and Dr. Taglang) and I got the founding from the Women's Orthopaedic Society in Sweden and the goal was to explore the advances of fracture treatment in Hong Kong, as it intrigued me since I visited here last year on a private short trip. I also knew that this centre is very experienced in computer assisted orthopaedic surgery and wanted to see it in hands of specialists in this field.

I am very pleased with the time I spent here. I saw a well functioning medical system and high standard of trauma management. I had the possibility to integrate in the team and experience their open and friendly approach.

Moreover, I attended the 20th Anniversary of AADO and could present the result of the study of 3066 consecutive Gamma Nails on behalf of Dr. Taglang. This enabled me to communicate better with the faculty of this congress, exchange the ideas and create good professional contacts.

The pelvic fracture navigation course was very well organized. I learned a lot about pelvic 3D anatomy, fracture treatment etc. The navigation on a saw bone and cadaver, and cadaver dissection was a tremendous opportunity to develop practical skills. I am also very impressed by the education centre OLC with its multiple courses and workshops. It is an exceptional institution with the aim of training orthopaedic surgeons with committed personnel and engaged doctors.

Overall, this fellowship literally broadened my horizons and developed my orthopaedic thinking. It was a very well invested time and I hope we will be able to cooperate in the future in form of exchange or fellowships.

I spent 2 weeks at the Department of Orthopaedics and Traumatology at Prince of Wales Hospital in Hong Kong.

I followed Dr. Tang in his daily clinical work: attended ward round in the morning, observed the surgery and outpatient clinic.

Ward round included pre- and postoperative treatment of patients, discussing fixation methods and dissection approaches, revision strategies for complications.

In the operating theater I saw for instance the treatment of a polytrauma patient with pelvic fracture (supracetabular screws using navigation), right tibia fracture (S2 nail) and left calcaneus fracture (Steinmann pins), the use of 3D C-arm for evaluation of the fibula reduction after a syndesmotic injury in dislocated ankle and many more.

Outpatient clinic consisted of fragility fracture patients and adult patients, I saw lots of

interesting cases of for example elbow dislocations, complex forearm fractures (Monteggia like), polytrauma cases.

On the 29th of August during the Wednesday meeting, I presented on my research on trochanteric hip fractures and the Sahlgrenska University Hospital. It resulted in a very animated discussion with good questions and comments.

As mentioned above I attended the 20th Anniversary of AADO on the 1st of September, by surprise I even became a speaker on 3066 Gamma Nails on behalf of Dr. Taglang, the CAOS pelvic fracture course was a great educational moment.